



<b>Office Use Only:</b>		
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## Adult Client Information Form

Today's date: \_\_\_\_\_

### A. Identification and Contact Information

Your name: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_

Home street address: \_\_\_\_\_ Apt.: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home/evening phone: \_\_\_\_\_ Cell phone or alternative number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Emergency Contact\*: Name \_\_\_\_\_ Phone: \_\_\_\_\_

\*Who Dr. Wilkens has permission to call in case of medical emergency.

**Please see Consent Form for information regarding limitations of security when communicating with Dr. Wilkens via text, email, and other electronic means.**

**B. Chief Concern:** Please describe the main difficulty that has brought you to therapy.

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**C. Referral:** How did you hear about Dr. Wilkens? \_\_\_\_\_

**D. Marital Status** (check all that apply):

Single, Never married

Married; Name of spouse: \_\_\_\_\_ Age: \_\_\_\_\_

Widowed; How long has your spouse been deceased? \_\_\_\_\_

Separated; Name of spouse: \_\_\_\_\_

Divorced, no children

Divorced, with children Name of ex-spouse: \_\_\_\_\_

Divorced, but Remarried Name of current spouse: \_\_\_\_\_

**E. Your Highest Level of Education:**

Do not have high school diploma or GED

Technical college:

Completed high school/GED

College degree:

Attended college:

Graduate degree:

**I. Your Current Employer**

Employer: \_\_\_\_\_ Address: \_\_\_\_\_

Your position/title- \_\_\_\_\_ Work phone: \_\_\_\_\_

Is the problem that brought you to therapy related to your employment? \_\_\_\_\_

**F. Your Race/Ethnicity:**

- Anglo/Caucasian  African-American  
 Hispanic or Latino/a  Other:

**G. Children** (Please be prepared to provide documentation that you have legal authority to consent for the treatment of any minors if you would like for Dr. Wilkens to see.)

Name	Current age	Sex	Childcare or School Attending	Grade
1. _____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____

**H. Your Medical Care:**

From whom or where do you get your medical care?

Clinic/doctor's name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Please list all medications or drugs you have taken in the last year—prescribed, over-the-counter, and others.

Medication/ Drug	Dose (how much?)	Taken for:	Prescribed and supervised by:
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Have you ever received psychological, psychiatric, or drug treatment services before? Yes No

If yes, please describe when, where, and for what condition: \_\_\_\_\_

\_\_\_\_\_

Have you ever attended counseling or therapy before? Yes No

If yes, describe when, where, and for what condition: \_\_\_\_\_

\_\_\_\_\_

Was this a positive, helpful experience for you? Yes No

**J. Spiritual and Religious Life**

Are you currently a member of a church, synagogue, mosque, or other religious community?

Yes (Name of Community: \_\_\_\_\_) No

If yes, how often, on average, do you attend services? \_\_\_\_\_

How influential are your religious/spiritual beliefs in your personal life, in a scale of 1 to 5 (1 = not at all influential, 5 = very influential)? Please also use the space below to describe your beliefs, religious background, and/or anything else you would like your therapist to know about you as you begin therapy.

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**K. Substance Use**

In the last 6 months, have you:

- felt the need to cut down on your drinking? Yes No
- felt annoyed by criticism of your drinking? Yes No
- taken a morning "eye-opener"? Yes No

How much beer, wine, or hard liquor do you consume each week, on the average? \_\_\_\_\_

Which drugs (not medications prescribed for you) have you used in the past 10 years?

Have you ever received treatment for substance use or abuse? Yes No

Do you currently, or have you in the past, smoked cigarettes? Yes No

**L. Legal Involvement**

Are you required by a court or a probation officer to seek psychotherapy at this time? Yes No

Are you currently / recently involved in any court proceedings? Yes No

If yes to either above, please describe: \_\_\_\_\_

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